

Glendale High School ~ Summer Athletic Schedule May 30 – August 4, 2023

Cheer

Junior Varsity

Date	Time	Location
July 11 - 13	3:30 - 5 PM	GHS
July 18 - 20	3:30 - 5 PM	GHS
July 24	11 AM - 9 PM	Missouri State University
July 25	8 AM - 9 PM	Missouri State University
July 26	8 AM - 9 PM	Missouri State University
July 27	8 AM - 12 PM	Missouri State University
August 8 - 10	3:30 - 5 PM	GHS
August 11	8 AM - 12 PM	GHS
August 15 - 17	3:30 - 5 PM	GHS

Varsity

Date	Time	Location
July 11 - 13	5 - 7 PM	GHS
July 18 - 20	5 - 7 PM	GHS
July 24	11 AM - 9 PM	Missouri State University
July 25	8 AM - 9 PM	Missouri State University
July 26	8 AM - 9 PM	Missouri State University
July 27	8 AM - 12 PM	Missouri State University
August 8 - 10	4:30 - 8 PM	GHS
August 11	8 AM - 12 PM	GHS
August 15	5 - 7 PM	GHS
August 16	5 - 8 PM	GHS
August 17	5 - 7 PM	GHS

Cross Country

Day	Time	Location	Details
Mondays	7:15 - 8:40 AM	Living Memorial Park	Easy, relaxed trails, ultimate frisbee
Tuesdays	7:15 - 8:40 AM	Springfield Lake Pavilion	Speed, Trail runs and hills
Wednesdays	7:15 - 8:40 AM	Sequoiata Park	Student ran, with body weights at 8:10 AM
Thursdays	7:15 - 10:30 AM	GHS (Carpool to Busiek)	Hills and Creek (bring towel and sandals)
Fridays	7:15 - 8:40 AM	Emerald Park Pool	Student ran, with body weights at 8:10 AM

Football

Day/Dates	Time	Location	Details
Monday - Friday	7 - 9 AM	GHS Weight Room & Stadium	
Monday - Friday	7 - 8:30 PM	GHS Stadium	
Glendale Summer Football Camps			
May 30	9 AM - 5 PM	GHS Stadium	High School
May 31	10AM - 12PM	GHS Stadium	Grades K-8

Marching Band

Day	Time	Location
July 19 - July 23	9 AM - 12 PM	GHS Stadium
July 24 - July 28	9 AM - 12 PM	GHS Stadium
July 31 - August 4	9 AM - 12 PM	GHS Stadium

Soccer – Boys

June 1st through July 27th

Day	Time	Location
Monday - Friday	5 - 6:30 PM	GHS Stadium

Softball

June 1st through July 27th, 2023

Day	Time	Location
Monday	8:30 - 10:30 AM	GHS
Tuesday	8:30 - 10:30 AM	GHS
Thursday	8:30 - 10:30 AM	GHS

Tennis – Girls

Summer Tennis Camp

Date	Time	Location
July 10 - July 14	8 - 10 AM	Gillenwaters

Volleyball

Day	Time	Location
June 8	3 - 4:30 PM	GHS Gym/Weight Room
June 15	3 - 4:30 PM	GHS Gym/Weight Room
June 22	3 - 4:30 PM	GHS Gym/Weight Room